

# PALMETTO DUNES TENNIS CENTER • 888-926-8707

## 2023 ADULT TENNIS PROGRAMS

PROGRAM	DAY & TIME	SKILL LEVEL	DESCRIPTION	PRICE
<b>Grand Slam Clinic</b>	Daily 8:00 a.m. - 9:30 a.m.	Intermediate to Advanced	Fundamentals of advanced stroke production, footwork & strategy; fast paced drills & ball machine workout.	\$49 daily \$46 / day for 5 or more days
<b>Competitive Doubles Clinic</b>	Daily 9:30 a.m. - 11:00 a.m.	Intermediate to Advanced	Strokes, strategy & drills with emphasis on the tools and tactics needed for better doubles play.	\$49 daily \$46 / day for 5 or more days
<b>Competitive Edge Drills</b>	Daily 11:00 a.m. - 12:30 p.m.	Intermediate to Advanced	Morning sessions of exhilarating fast-paced practice with a purpose.	\$49 daily \$46 / day for 5 or more days
<b>S.M.A.R.T. Stroke Next Gen</b>	Daily 9:00 a.m. - 10:00 a.m.	Beginner to Intermediate	<b>Stroke Media Analysis Review for Tennis.</b> Pros use the latest in super slow-mo on court video analysis. Technology allows quick visual feedback so you can maximize practice during the class. Every day a different stroke is reviewed/taught.	\$36 daily \$34 / day for 5 or more days
<b>The Drill</b>	Daily 10:00 a.m. - 11:00 a.m.	Beginner to Intermediate	A variety of drills using stroke combinations are used to improve your play while highlighting each day's S.M.A.R.T. Stroke topic	\$36 daily \$34 / day for 5 or more days
<b>Return of Serve Clinic</b>	Monday 3:30 - 4:30 p.m.	Any skill level	An advanced serve ball machine can vary serve speeds, spin and placement to complement the how to's of better returning.	\$36 daily \$34 / day 2 or more days
<b>Serve Clinic</b>	Tuesday 3:30 - 4:30 p.m.	Any skill level	Emphasis on stroke production of the serve. Focus on spin, placement & power. On-court video analysis helps provide excellent feedback.	\$36 daily \$34 / day 2 or more days
<b>Afternoon Drills</b>	Wed., Thurs. & Fri. 3:30 - 4:30 p.m.	Any skill level	Drills that cover a wide variety of skills and movement patterns for a great afternoon workout.	\$36 daily \$34 / day 2 or more days
<b>Create Your Own Clinic</b>	Your choice of time and pro. Upon availability	Any skill level	Clinic designed to work on the skills and strategies that you want to improve the most. Great for teams and groups of 3 or more.	Ranging from \$34 - \$40 / hour / person based on student : pro ratio
<b>Fun-Fit-Fast Cardio Tennis</b>	Monday - Friday 8:00 a.m. - 9:00 a.m.	Any skill level	A high tempo tennis workout with an emphasis on cardio. Burn and learn with music.	\$33 / hour \$30 / day for 5 or more days
<b>1 Hour Private</b>	By reservation only	Any skill level	The latest in teaching techniques offered to focus on what you want and need to improve your game.	\$74 (5 or more \$68) \$94 Head Pro (5 or more \$89)
<b>1/2 Hour Private</b>	<b>ADULT ROUND ROBINS</b> Competitive fun in a social setting for our Tennis Center guests. A minimum of 3 players is required. Check in at the Tennis Center at least 15 minutes prior to starting time.			\$47 (5 or more \$44) \$54 Head Pro (5 or more \$50)
<b>1 Hour Semi-Private</b>				\$94 (5 or more \$89) \$110 Head Pro (5 or more \$105)
<b>1/2 Hour Semi-Private</b>				\$54 (5 or more \$50) \$65 Head Pro (5 or more \$59)
	Daily, 3:30 p.m. - 5:30 p.m. Price: \$19 per person, \$15 / 3 days or more.			

**\*ADVANCE RESERVATIONS ARE HIGHLY RECOMMENDED FOR ALL PROGRAMMING TO ENSURE A SPACE. Walk-ins are welcome based on availability.**

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## 2023 JUNIOR TENNIS PROGRAMS (March - April, Memorial Day - Labor Day & Holidays) *Holiday Junior Program days and times are available online and in the pro shop*

PROGRAM	DAY & TIME	SKILL LEVEL	DESCRIPTION	PRICE
<b>Short Shots Clinic</b>	Monday - Friday 9:00 a.m. - 9:30 a.m.	Ages 4 - 5 (Red Ball)	Tennis fun with motor skills development to improve hand-eye & ball striking skills.	\$17 daily
<b>Super Shots Clinic</b>	Monday - Friday 9:00 a.m. - 9:30 a.m.	Ages 6 - 8 (Red/Orange Ball)	A more descriptive instruction of each stroke; emphasis on instruction and fun activities.	\$17 daily
<b>Big Shots Clinic</b>	Monday - Friday 8:00 a.m. - 9:00 a.m.	Ages 9 - 10 (Orange/Green Ball)	Develop and learn basic rallying practices along with technique in a fun environment.	\$32 daily \$29 / day for 5 or more days
<b>HHI Jr. Tennis Academy</b>	Monday - Friday 9:30 a.m. - 11:00 a.m.	Ages 11 - 17 Beginner through advanced tournament level. Players are grouped primarily by ability.	Technique and tactics for players new to the sport and advanced tools for the ranked junior. Emphases include footwork, stroke production, strategies for singles and doubles and live play — all in a fun, healthy environment.	\$49 daily \$46 / day for 5 or more days

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 Walk-ins are welcome based on availability.**



### ADDITIONAL SERVICES

- **Racquet Stringing:**  
24 hr service guaranteed
- **Racquet Rentals:**  
\$5/racquet

### COURT FEES

**We have 19 clay courts. Four tennis courts are lighted for night play. The lighted courts may be used on a first-come, first-serve basis, anytime after dark until 11:00 p.m. All fees listed below are per court hour. Light tokens may be purchased at Pro Shop.**

**Palmetto Dunes Guest \$35 before noon, \$30 after 12:00 noon    Non-Resort Guest \$40  
 Walk-On Rate (1:00 - 4:00 p.m.) \$20    Lighted Clay Courts \$20**